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Adventures in Consciousness

*A six part programme for
the evolution of the soul
How to handle life's
challenges from a
spiritual perspective*

Dates: all Saturdays 25th Jan/ 29th Feb/28th March /25th April/ 6th June/ 4th July/
Regrettably, these workshops cannot be taken separately. For continuity and to
maintain the energy of the group, you are asked to commit to all 6 workshops

- Esoteric Astrology, the 7 Rays and the journey your Soul wants you to take.
- The major planetary influences of 2020 that will affect you on a personal level
- Practical Spirituality. Tools for following a spiritual path in a “physical” world
- Difficult Relationships: The Holy Cauldron for deep spiritual transformation
- How our wounds are passed on to us through the energy of previous generations
- All past negative experiences are looking for our blessing before they can leave
- The Keys to our Happiness can never be found in someone else's pocket
- Powerful Messages from the parts of our self we have refused to accept
- Forgotten Truths: Resurrecting the Wisdom of the Ages for 21st century practice
- Handling reactions to outward disturbances and quietening the critical voice
- Our true vocation can only unfold when the mind is in service to the heart
- Recognising when a door needs to close and trusting Life to open a new one.
- Why the Universe will often give us what we need rather than what we want
- Group forum for support plus meditation and prayers for specific situations.